



NLFRP

NEWS

Newfoundland and Labrador Provincial Association of Family Resource Programs

20 Years Anniversary Edition 25 Years

September 2019

This Year's Highlights

This year is the 20th Anniversary for Family Resource Centres that started through the National Child Benefit Reinvestment Fund back in 1999 and it is the 25th Anniversary for CAPC/CPNP family resource centres! The NLFRP would like to take this time to celebrate the 28 Family Resource Programs that make up our membership and to continue to support them as they serve thousands of families and children across the province.

The NLFRP provides support to these Family Resource Centres through its \$500 grant which is available to each of the five regions on an annual basis. This year the St. John's Region used the grant to hold a one-day Regional Networking and Professional Development Workshop. Topics included: Networking/Sharing; CMHA—Anxiety in Young Children and Community Supports; Food NL—Supports and Programs; Eastern Health—Breastfeeding.

The NLFRP also supports Family Resource Programs

through its biennial conference. The last conference, "Cheer for Families—Together We Grow" was held at the Quality Inn in Gander from June 5-7, 2018 included a half-day visioning session facilitated by Bobbie Boland. The NLFRP is using the summary from the visioning session to guide the work plan for the next five years.

In addition to the grant and Networking conference, the NLFRP continues to provide support to FRCs in the delivery of the Nobody's Perfect Parent Program. During the past year, the NLFRP has continued to partner with the Public Health Agency of Canada; Children, Seniors and Social Development; the Department of Education and the Early Childhood Development and Regional Health Authorities in the revitalization of the Nobody's Perfect Parenting Program and the delivery of Nobody's Perfect throughout the province.

Over the past year, Nobody's Perfect

Facilitator training took place in Natuashish, Labrador and several NP programs for parents have been facilitated throughout the province. Two members of the NLFRP Board are also members of the Nobody's Perfect Provincial Steering Committee. NLFRP, in partnership with the NL Steering Committee and the Department of Education and Early Childhood Development, is providing grants of \$100 per program to assist with NP expenses such as refreshment and snacks. Parent books are also available upon request. The next Nobody's Perfect facilitator training is scheduled to take place October 1-4, 2019.

We are also pleased to announce that the NLFRP website is presently under development and will be launched in September 2019.

So it's been a busy 20th year for NLFRP, which was formed in 1999. We look forward to the next 20 and beyond!

Happy Anniversary!

Contributions from our Members

We welcome submissions from our members.

Happy 20th Anniversary Tree House!

Submitted by: Myrna Moss

What an awesome CELEBRATION!! TWENTY years of providing programs and services to the wonderful families in the Deer Lake, Pasadena, White Bay and Bonne Bay area. The Tree House Family Resource Centre was incorporated in July of 1999 and opened its doors to families in January of 2000. On July 12 we celebrated with a BIRTHDAY BASH for two hundred people!! Highlights included; greetings by Jason Young on behalf of MHA Premier Dwight Ball, and Deer Lake Mayor Dean Ball. Special guest, Shirley Fequet (original steering committee member) shared her memories of the earliest beginnings of Tree House. There were many fun activities; Pop Green Magic Show, Face Painting, Lollipop the Clown (Balloon Shaper), Fish Pond, Bubble Station, Lollipop Tree, Memory Board, Robbins Family Farm Petting Zoo, Photo Booth, prize giveaways and of course...LOTS of food and a BIRTHDAY CAKE! Our celebration would not have been possible without an AMAZING Staff, Board, GREAT community support and ALL the families, past and present who joined us!!



Dover & Area Community Family Coalition Submitted by: Nicole Parsons



The Dover & Area Community Family Coalition celebrated their 20th year on July 22nd at the Village Green in Gambo. It was a free event for families from 4 - 8pm that included face painting, games, crafts, music, balloon making, tattoos from Terra Nova Park, rock painting, placemat making, lots of reminiscing and of course tons of food!! The event was a tremendous success that was attended by 235 people from the entire FRC area which extends from Indian Bay - Eastport. Nicole Parsons, the Program Coordinator says "it was so wonderful to see so many families who have gone through the FRCs over the past 20 years, to see the children now all grown up and hear about how our programs have impacted their lives. It was also very heart warming to have such amazing support from local businesses who donated items for prizes, the venue was donated and Lush's food truck even set up and served all their food for free! Also great to have Deborah Randell and Kirsty Collins, among others, travel out for the event and show their support. Everyone came together to make the day a success and an awesome party to celebrate 20 years. Here's to 20 more!"

Labrador Straits Family Resource Centre

Submitted by: Jody Hancock

Rock Art has become so popular among the children and families at the Labrador Straits Family Resource Centre, that we decided to plan a field trip. A bus took everyone to several popular hiding areas and the children carefully placed their rocks they had painted in the best hiding spots. It was a fantastic day and everyone was so proud to be hiding their rocks and could not wait to see who would find them. The day ended off with a picnic and a fun time at the playground. Everyone was raving about the great adventure.



Vista Family Resource Centre

Submitted by: Jackie Penney/Krista Hong



Grand River Family Resource Centre

Submitted By: Jackie Mills



The weather might not have been on our side so far in Goose Bay but that didn't stop The Children and staff of the Grand River Family Resource Centre from getting out on an adventure to the Local Greenleaf gardening store. The Staff at Greenleaf gave the children a tour and a chat of what it means to care and protect our environment. Each child got to help out in the garden and was delighted to receive a plant each to take home.

Northern Peninsula Family Resource Centre

Submitted By: Charmaine Cull



Left to Right: Girls who participated in the babysitting course at the Northern Peninsula Family Resource Centre in St. Anthony; Children celebrating National Child's Day in Main Brook FRC; Children in Cook's Harbour taking part in the "Trip Around the World" program and pretending to be on a plane.

Community Action Committee for Southwestern NL

Submitted by: Bernice Hancock



"It takes a Village to Raise a Child" so it is important to engage people of all ages in our programs for young children, and our Seniors are no exception. The Community Action Committee for Southwestern Newfoundland facilitates interaction between seniors and young children through programs such as "Intergenerational Night" held at the Silverwood Manor Senior's Complex in Kippens, NL. Everyone enjoyed a fun evening of crafts, planting flowers, sharing stories and of course a bed lunch!

NLFRP Membership Renewal

Membership renewal for the NLFRP is due no later than January 31st, 2020. The cost of the initial membership is \$125.00 and then \$75.00 to renew for each year after that. Benefits of membership include discounts on our Provincial Conference and regional training activities, information on other training opportunities, our annual newsletter and funding assistance to host training events in your region.

Board News

A big thank-you to Susie Rumbolt for serving as representative for the Labrador Region. Susie has left her position with Southern Labrador Family Centre for a new job. Now representing the Labrador Region with Jodie Hancock is Jackie Mills from the Grand River Family Resource Centre. Welcome Jackie!



In keeping with FRP culture, Maureen Bethel was presented with a special bouquet for her valued contribution to the NLFRP.

NLFRP Board of Directors

St. John's Region

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